











ASSI Spine Outreach Program

Venue: Tirunelveli Government Medical college

30th November 2025

ASSI Office Bearers



Dr. S K Srivastava President : ASSI



Dr. Appaji Krishnan Secretary : ASSI



Dr. Rupinder Chahal
Outreach Chairman : ASSI

Organising Team



Dr. N.Manikandan
Organising Chairman



Dr. Sudhir Ganesan Local Course Chairman

National Faculties





Dr Shankar Acharya New Delhi



Dr.Thomas J Kishen Bangalore



Dr Priyank Patel Mumbai



<u>Program Schedule</u>



ASSI OUTREACH PROGRAM - TIRUNELVELI MEDICAL COLLEGE (30-11-2025)				
Module	Time	Topic	Speaker	Chairperson
	9:00-9:30	Registration		
Degenerative Disorders	9:30-9:40	Conservative management options for PIVD and Lumbar canal stenosis	Dr Muthuraj	Dr.Pavalan.L & Dr.Sureshkumar.A
	9:40 – 9:50	Surgical management of PIVD: Micro vs Endoscopic vs Tubular	Dr Sekar	
	9:50- 10:00	Cauda equina syndrome: Management (with importance of timing of surgery)	Dr. Thomas J Kishen	
	10:00-10:10	Cervical Myelopathy - What an orthopaedic surgeon should know	Dr Shankar Acharya	
	10:10-10:20	Surgical Management of degenerative listhesis - Instrumentation vs	Dr Sudhir Ganesan	
	10:20-10:40	Inauguration		
	10:40-11:00	Tea break		
Thoracolumbar Trauma	11:00-11:10	Initial evaluation and assessment of TL trauma (with ASIA Score)	Dr Priyank Patel	Dr.Kaliraj & Dr.Arockia Amalan.R
	11:10-11:20	Classification of TL trauma (AO, TLICS, Mc Cormack)	Dr Sekar	
	11:20-11:30	Management Algorithm of TL trauma	Dr Shankar Acharya	
	11:30-11:40	MIS fixation for TL fractures - Procedure	Dr Sudhir Ganesan	
	11:40-11:50	Case Discussion	Dr Sekar	
	11:50-12:00	Case Discussion	Dr. Thomas J Kishen	
Osteoporosis of Spine	12:10-12:20	Medical Management of Osteoporosis	Dr Sekar	Dr.Balakannan & Dr.Mageswaran.S
	12:20-12:30	Management of osteoporotic spine fracture with and without neurological	Dr Priyank Patel	
	12:30-12:40	Fixation strategies in osteoporotic spine	Dr. Thomas J Kishen	
	12:40-12:50	Cementing techniques for Osteoporotic vertebral fractures	Dr Muthuraj	
	12:50-13:00	Case Discussion	Dr Shankar Acharya	
	13:00-13:10	Case Discussion	Dr Muthuraj	
	13:15-14:00	Lunch		
Spinal Infection & Metastases	14:00-14:10	Imaging and diagnostic modalities for Spine infections	Dr Priyank Patel	Dr.Damodharan - & Dr.Ivan Samuel
	14:10-14:20	Evaluation of a Spinal Metastases	Dr Sudhir Ganesan	
	14:20-14:30	When to operate in Spinal Tuberculosis: Adult vs paediatric	Dr Shankar Acharya	
	14:30-14:40	Management of Postoperative Spine infections	Dr. Thomas J Kishen	
	14:40-14:50	Case Discussion	Dr Priyank Patel	
	14:50-15:00	Case Discussion	Dr Sudhir Ganesan	
	15:00:15:15	Tea break		
	15:15-16:30	Saw bone Hands on work shop		
	16:30	Valedictory function		

The objective of the Spine Outreach Program is to spread and impart knowledge on both the basics and advances in spine surgery across India.

This course will include lectures and hands-on workshops on models.

